Start by removing the tab on the pedal lever (not essential but makes fitting easier) by bending back and forth





Once the bushes are installed, start by clipping the spring into the pedal bush.

Rotate the spring round and use some good quality long nose mole grips or pliers to push the spring towards the bush.





Once the spring has started into the bush, use a flat headed screwdriver to apply pressure while removing the mole grips- then push the spring further into the bush.